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218-732-1404

Staff

Lead Pastor	Jeff Lange
Family Pastor	Mike Tackett
Administrator	Kelly Maninga
Worship Director	James Alan Hall

Support Staff

Office Administrator/ Bookkeeper	Nicole Simpson
Administrative Assistant	Tracee Lindquist
Connections Coordinator	Tracee Lindquist
Compassion Coordinator	Jan Henderson
Custodian	Jason Schrader
Ass't Custodian	Lynda Sullivan
Hospitality	Marya Lillquist

Faith Ministries

Family of Faith Nurse	Becky Anderson
Family of Faith Nurse	Renee Becker
Deacon Chairperson	Ken Osterberg
Trustee Chairperson	Andrew Rockensock
Finance Chairperson	Nicole Lueth
Missions Chairperson	Becky Maninga
Men's Ministry	
Women's Ministry	Whitney Hall
CE Assistant	Tracee Lindquist
Adult Curriculum Coordinator	Judy Haroldson
Faith Moms	Whitney Hall and Jessica Lange

FaithBytes

October 2026



1505 Park Ave S., Park Rapids, MN 56470
www.faithbridgepr.org • office@faithbridgepr.org
facebook.com/faithbridgepr

- October 18th at 9:30 AM in the Gym
Quarterly Family meeting
- October 18th at 6:00 PM in Sanctuary
All Church Prayer Meeting
- October 25th at 9:30 AM
Pastor Appreciation Fellowship Time
- October 26th at 6:00 PM in the Gym
HUGs Appreciation Meal in the Fellowship Hall

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FaithBytes

Issue 10 October 2026

FaithBytes is published monthly as the official connection to what's happening at Faithbridge. Inclusion of some information does not necessarily indicate endorsement by Faithbridge.

Submission Deadline for the November 2026 issue is:
Monday, October 26th



janhenderson@faithbridgepr.org
218-732-4522

Feedback is always welcome.



The weekly bulletin and monthly FaithBytes can be viewed online at www.faithbridgepr.org/resources

Worship Schedule

8:00 AM Worship Service

9:15 AM Fellowship Time in the Gym

9:30 AM Faith Classes for all ages

10:30 AM Faith Kids Jr.

10:30 AM Worship Service and Livestream

A staffed nursery is available in the West Wing for infants through 2 years.

LIVESTREAM
SUNDAYS AT 10:30 AM
faithbridgepr.org



Faith Kids JR (3 Yr-2nd grade) will meet in the Cubbies Room during the 10:30 AM Service. Be sure to sign-in your children at the West Check-In Desk and pick up your children at the Cubbies Room immediately after the second service.



Seniors (50+) are invited to our Monthly Potluck on Monday, October 26th at 11:45 AM. We look forward to a great time of fellowship, a potluck meal and a presentation by Tania Melby from the Akeley Regional Community Center. We look forward to hearing of new opportunities for abuse victims available in our area. Invite a friend and bring a dish or two to share.

FAITH MISSION CIRCLE

Faith Missionary Circle will be meeting **October 19 at 10 AM in the Fellowship Hall**. We'll pray together for those who are serving Jesus around the world and also spend time discussing preparations for the pie auction in November. Please come and join us!



**Thank you for your ongoing support of
Summit Ministries Scholarships.**

When you purchase the following items, the monies go into the Scholarship Fund. You may also donate by designating on the offering envelope to "Summit Scholarships". Scholarships help send a young person to the Summer Summit Ministry Conference, held in Colorado each year. Available during the week in the East Foyer: Cards & Calendars (\$10) Notepad (\$3)

Oct.	Welcome Desk	Greeters	Welcome Desk	Greeters
	7:45 AM	7:45 AM	10:15 AM	10:15 AM
4	Folkestad	Doug & Mary B. Darin & Dawn O.	Amber L.	Lynda S. Steve & Deb A.
11	Haroldson	Ray & Barb K. Miguel P.	Kriens	Sandy C. Sandra L.
18	Lundstrom	Jim & Julie T. Drew & Sarah M.	Diane J.	Tod & Renee B. Don & Sue G.
25	Trottier	Charlie & Judy P. Mark & Mari Jo L.	Vredenburg	Pam K. Dan & Pat McG.

HUGs appreciation meal, 6:00 PM on October 26th. Please RSVP to Tracee, if you will be attending.

Oct.	7:45 Door Openers				
	N1	N2	E1	W1	S1
4	Dave V.	Help Needed		Help Needed	Steve M.
11	Becky M.	Brian K.		Wendy K.	Ken & Evie O.
18	Frank S.	Help Needed		Help Needed	Diane S.
25	Dave V.	Help Needed		Help Needed	Steve M.
Oct.	10:15 Door Openers				
	N1	N2	E1	W1	S1
4	Bev S.	Help Needed		Youth	Denny S.
11	Munson	Munson		Munson	Sue P.
18	?	Help Needed		Help Needed	?
25	?	Help Needed		Help Needed	?

Oct.	Library
4	Judy Abby
11	Diane
18	Arianna Emerson
25	Joyce Nancy

NURSERY

Oct.	7:45	9:15	10:15	Faith Kids JR
4	Liz A.		Lahana L. Karen L.	Kelly Y. Sabina T.
11	Bev S.	Liz A. Amber L.	Lydia G. Jennifer O.	Sabina T. Kelly Y.
18	Sarah M.	Ava & Phillip R.	Tammy P.	Sabina T. Schmidgalls
25	Sue P.	Ava & Phillip R.	Tammy P. Teresa R.	Sabina T.

Dear Faithbridge Family,

“What comes into our minds when we think about God is the most important thing about us,” writes A.W. Tozer in the opening line of Chapter One of his book The Knowledge of the Holy. Very few lines outside of Scripture have gripped me as much as Tozer. After all, there are plenty of important things that we can apply our mind to and think about. But nothing we think about is nearly as important as what we think about God.

Too often our thoughts about God, or thoughts of God, are woefully inadequate and sorely misinformed. Too often our thoughts about God are human-centric and they fall short of rightly capturing Him—who He is, what He is like, and the immeasurable depth of His glory. In fact, the psalmist writes, “the heavens declare the glory of God” (Psalm 19:1). God is such that the heavens above us—the planets, the stars, and all other heavenly bodies—are shouting out His majestic glory.

And here we sit on earth under the immensity of the heavens that are daily declaring His glory. How on earth do we think that we can actually understand Him, let alone get to know His will and purpose for us?

In a sense we never will fully know God’s will or purpose as He is the Creator and we are His created. Thus, the only way we can know anything about God is through how He reveals Himself to us. And God uses three primary ways to reveal Himself to His creation.

The first way is through His creation. As was mentioned in Psalm 19, all the earth carries the signature of its Creator. Birds, trees, the sky, clouds, rivers, streams, and lakes, and all that swims, flies, or traverses the land point to a Creator. Human beings are the height of God’s creation as we are the only thing in creation that is said to “bear the image of God”. So, God is naturally revealing Himself to His creation.

The second primary way God reveals Himself is through His sacred Word. Our Bibles, from Genesis to Revelation, both Old and New Testaments, reveal how God began with the creation of something from nothing, how He chose people and a group of people to bear His name (Israel) and be His representatives to the people and nations around the world. Scripture reveals how God keeps His promises even when His people fail and fall short, ultimately resulting in God’s redemption of His creation and the eradication of evil.

The third way that God reveals Himself is through His one and only Son, Jesus Christ. Paul writes to the Colossians that in Christ “all the fullness of God was pleased to dwell” (Colossians 1:19). Jesus Himself told His disciples that “he who has seen Me has seen the Father” (John 14:9). This means that Jesus perfectly reflects and reveals the character, love, and nature of God the Father.

So, what comes to your mind when you think about God? What is informing you on how and what to think about Him? Is it culture, media, pundits, your own reasoning and experience? Or is it through His very Word that He has recorded for us, and specifically through the Word made flesh, Jesus Christ our Lord? Let us purpose to learn about God from His sources and to know Him personally through His Son. In that way we will join the heavens in declaring the glory of God!

Grace and peace, Pastor Jeff

Shoebox Collection Sunday is November 15th
(only 6 Sundays away!)



Check out the box changes and updates below.
Shoeboxes for packing and brochures are available at both Welcome Desks beginning October 4th.

GIFT SUGGESTIONS

For gift suggestions and more - (www.samaritanspurse.org/occ). Nice list of suggestions are available for boy and girl boxes.

“WOW” TOY

Start with a quality “wow” toy such as a doll, soccer ball with pump, or a stuffed animal.

OTHER GIFTS

Fill with other fun toys, hygiene items, and school supplies

Please Note:

- Shipping is now \$10/box. No cash in the boxes. Make checks payable to Samaritan's Purse and mail them in the envelope provided or go online to donate.
- Remove tags and plastic wrapping (recycling is rare in foreign countries)
- Boxes should not be bulging or taped. Try to use the boxes provided - available at the welcome desks.
- Shoeboxes can be decorated (like with stickers/markers/crayons)
PLEASE DO NOT USE WRAPPING PAPER.
- The 10-14 age group gets the least amount of boxes. Boys enjoy tools (*yes, hammers are allowed*) and fishing gear. Girls enjoy sewing kits (*yes, scissors are allowed*)



Do Not Include

Soap is no longer allowed in shoebox gifts because of the complications it causes in customs in some nations.

SOAP; candy; toothpaste; gum; used or damaged items; scary or war-related items such as toy guns, knives, or military figures; chocolate or food; seeds; fruit rolls or other fruit snacks; drink mixes (powdered or liquid); liquids or lotions; medications or vitamins; breakable items such as snow globes or glass containers; aerosol cans.



FSM - students 7th-12th

FSM Wednesdays- 7 PM - 8:30 PM
Meet in the Upper Room.

Save the Date - Reality Apologetics Conference

November 13th-14th.

Check out how to register on OUR website on the Events page.

Hard is not always bad...
How to walk through hard things with a new perspective.

Faith Moms
1st & 3rd Tuesdays
9:15 - 11:15 AM

Join us as we dive into a year of studying scripture to help us deepen relationships with Jesus and each other

We will meet the 2nd and 4th Tues. of the month with gym days the 1st and 3rd Tues 10-11:30 am in the Faithbridge gym.

FaithMoms will include Bible-study, Brunch, Coffee, and Childcare!
Register you and your kids online at faithbridgepr.org.
Contact Jessica Lange or Whitney Hall with any questions
Jessica-(619)861-8516, Whitney-(901)485-0892

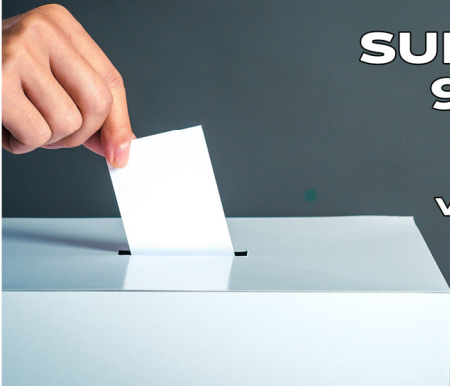
FAITH MOMS
2026-2027 Dates

Meeting Dates: 9:15-11:15

Sept. 22
Oct. 13 & 27
Nov. 10 & 24
Dec. 8 (No 12/22)
Jan. 12 & 26
Feb. 9 & 23
Mar. 9 & 23
Apr. 13 & 27
May 11

Gym Dates: 10-11:30

Sept. 29
Oct. 6 & 20
Nov. 3 & 17
Dec. 1 & 15 (No 12/29)
Jan. 5 & 19
Feb. 2 & 16
Mar. 2 & 16 (No 3/30)
Apr. 6 & 20
May 4



MEMBERSHIP VOTE

SUNDAY, OCT. 18
9:15 - 10:00 AM
GYMNASIUM

**VOTING TO ISSUE A CALL
 TO RAY DELAURIER AS
 A 1/2 TIME VISITATION &
 DISCIPLESHIP PASTOR**



Oct 17 **Men's** **8 AM**
BREAKFAST

cost \$5

Missionaries Juan J. and Elena Felipe
 Each Sunday Pastor Juan J. Felipe leads a Spanish Speaking Service in the Chapel on our Faithbridge Campus. The service is held at 4:30 pm. The Missions Team recently received this ministry update from Pastor Felipe.



Dear brothers and sisters at Faithbridge Church and Pastor,
 Thanks be to the Lord Jesus Christ, we continue serving in Park Rapids, and we are also grateful to you for supporting us with Christian love. Thank you for everything you do for us.
 The Cristo Viene Mission is firmly established in the faith, and this year, 2026, we have been blessed by two brothers who are already preaching and developing as preachers of the Gospel. They are active members and have a very good testimony in the community and in their workplaces.
 We have had new families attending the services, but sadly, some have lost their jobs and had to move to another state to look for work and make a living. As a result, the number of people attending our services has decreased.
 We have also been sharing special studies on discipleship with 12 people, and it has been a great blessing.
 On Sunday, August 9, I baptized Sister Karen Tino in the small river in Park Rapids. Afterwards, we had a very blessed service. It was a beautiful day, and a very special anointing was felt.
 Through the year, we have had wonderful services, and the Lord has been blessing us.
 For now, everything is going well, and we only ask for your prayers for the Latino families in the region, that the Lord may save them through faith in Him.
 We also ask for your prayers regarding some medical expenses. I have had to undergo several medical examinations and tests, which have resulted in significant expenses, and at this time we are having difficulty covering the medical bills. If the church is able to help us in any way with these expenses, we would receive it with great gratitude. Above all, we ask that you keep us in your prayers and that the Lord provide for our needs according to His will.
 Also, please pray for me as pastor, that God may bless my family, my ministry, and the Cristo Viene Mission.
 Once again, we are grateful to each of the leaders and members of your church for all the love they show in Christ and for what they give to the Hispanic Mission. May God continue to bless you. Amen.
 In the Faith and the Love of Christ,
 Juan J. Felipe



DEACON OF THE MONTH Dave Lindquist

Dave and Tracee Lindquist have attended Faith-bridge for 26 years. They are parents to three children; Alisha (Anthony), Kevin (Neka) and Amanda (Stephen) and six wonderful grandchildren. David grew up in Bemidji and has been employed by the Menahga Public Schools as their Technology Coordinator since 1997.

As a young boy, "I overheard my parents leading my older brother to the Lord and secretly prayed the same prayer. A few days later I told my parents about this, not knowing if I would be in trouble or not. They explained in more detail to me what this decision meant, and that they were by no means "upset". I was about 7 when this happened. Within a year or so, I was baptized in a lake around the Guthrie, MN area. When I was a teenager, I re-committed my life to Christ at camp and have been trying to serve Him to the best of my abilities since. Thankfully, God brought Tracee into my life and our 30+ years of marriage have been a joyous gift from God. He has indeed blessed me with a loving spouse, parents, children and grandchildren."

One of my life verses is Romans 12:2 "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. "

Board of Deacons	Ken Osterberg - Chr	Denny Sleen	David Lindquist
	Bud Kading	Drew Maninga	Charlie Schmidgall
	Matt Munson	David Wolff	Steve Criswell



Camp Lebanon



October 9-11 Men's Retreat
October 16-17 Fall Fire (9th-12th)

Fall Quilt and Craft sessions Oct.-Dec.

Check out details online. www.camplebanon.org



Library

**Library is open on Sunday mornings:
9:00 am - 12:00 pm**



Access to the library is also available during the week when the church office is open. Someone from the office will let you into the library and check out instructions are available.

When taking a book from a shelf, you usually look at the blurb to see if you are interested in the book's content. Another way to choose a book to read is by recommendation from someone or by having read a review that made it look like an interesting read.

If you have read a particularly good book and would like to recommend it to others, we would love to print a few short sentences about why you liked it. Give it to the Librarian and we will print it so others can also enjoy reading the book.

If you haven't visited the Library — Don't delay. It contains a wealth of information and exceptionally good reading or viewing materials for all ages.



Celebrations



You are Invited to Celebrate the 60th Anniversary of
John and Alice Devore (10/22)
and John's 80th Birthday (11/22)
Open House being held October 24th from 1-4 PM
at the Hubbard Hall

Congratulations to ...



Elias and Emma Hendrickson on the birth of their daughter Blair Elizabeth. She was born on August 28 and weighed 8# 3 oz. Grandparents are Seth and Lizzy Kopkie.

Lettie Evelyn was born September 24 to Ellie Gwiazdon and weighed 6# 14 oz. Grandparents are Trevor and Sarah Gwiazdon.

We pray for God's blessing on each family as they raise these little ones to love the Lord. There are baskets in the East Foyer to accept items with which to bless them.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCTOBER 2026  				1 9 AM Gym use 10 AM BSF 10:30 AM Pickleball 1 PM Gym use 6 PM Praise Team	2 Office Closed Women's Retreat #2 - Camp Lebanon	3 NO GriefShare
4 Communion Sunday 8:00 AM Worship Service 9:30 AM Faith Classes 10:30 AM Worship Service 10:30 AM Livestream 4:30 PM Spanish Speaking Svc	5 Homeschool use 5:30 PM Finance Mtg	6 9 AM Gym use 10 AM FaithMoms Gym 11:30 AM Essentrics 3:30 PM Heritage Comm 5 PM Pickleball	7 1 PM Release Time 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	8 9 AM Gym use 10 AM BSF 10:30 AM Pickleball 1 PM Gym use 6 PM Praise Team	9 Office Closed Men's Retreat - Camp Lebanon	10 10 AM GriefShare
11 8:00 AM Worship Service 9:30 AM Faith Classes 10:30 AM Worship Service 10:30 AM Livestream 4:30 PM Spanish Speaking Svc	12 Homeschool use 5:30 PM Finance Mtg 6 PM Trustee Brd Mtg 7 PM Deacon Brd Mtg	13 9 AM Gym use 9:15 AM FaithMoms (Chapel) 11:30 AM Essentrics Living at Home Event 5 PM Pickleball	14 1 PM Release Time 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	15 9 AM Gym use 10 AM BSF 10:30 AM Pickleball 1 PM Gym use 6 PM Praise Team	16 Office Closed Fall Fire (7th-12th) - Camp Lebanon	17 8 AM Men's Breakfast 10 AM GriefShare
18 8:00 AM Worship Service 9:30 AM Faith Classes-Kids 9:30 AM Quarterly Mtg 10:30 AM Worship Service 10:30 AM Livestream 4:30 PM Spanish Speaking Svc 6 PM Prayer Meeting	19 Homeschool use 10 AM Mission Circle 6:30 PM Missions Team	20 9 AM Gym use 10 AM FaithMoms Gym 11:30 AM Essentrics 5 PM Pickleball	21 9:30 AM Staff Meeting 1 PM Release Time 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	22 9 AM Gym use 10 AM BSF 10:30 AM Pickleball 12:30-8:30 PM Gym use 6 PM Praise Team	23 Office Closed	24 10 AM GriefShare
25 8:00 AM Worship Service 9:15 AM Pastor Appreciation 9:30 AM Faith Classes 10:30 AM Worship Service 10:30 AM Livestream PASTOR appreciation 4:30 PM Spanish Speaking Svc	26 Homeschool use 11:45 AM Faith Seniors 6 PM HUGs Appreciation	27 9 AM Gym use 9:15 AM FaithMoms 11:30 AM Essentrics 5 PM Pickleball	28 1 PM Release Time 5:30 PM Chapel use 6:55 PM AWANA 7 PM Room to Breathe 7 PM FSM	29 9 AM Gym use 10 AM BSF 10:30 AM Pickleball 1 PM Gym use 6 PM Praise Team	30 Office Closed	31 10 AM GriefShare

*Don't forget to look in your Church
Directory for the October
Birthdays and Anniversaries*



Grief Share is a grief support group for help and healing after the death of a family member or friend.

If you've **grieved the death of a loved one**, you know the grief process is overwhelmingly painful, lonely, and confusing – and **if you've found healing through God's comfort and the help of others**, you may have a desire to help grieving people, but you're not sure how.

GriefShare is a video-based support group that **equips people like you to help the bereaved**. It helps grieving people make sense of their suffering. The GriefShare videos, workbook exercises, and small group discussions give participants useful information and helpful perspectives that help them heal from grief. If you have **a desire to help and care for grieving people**, **GriefShare may be the ministry for you** to serve in.

**Fall Session through December 19
Saturdays from 10 AM to 12 PM in the Chapel**

For information, contact Becky A. directly by phone
218-252-3500 or email: grambecky1023@gmail.com
or the web: <https://griefshare.org/>
Sign-Up at faithbridgepr.org/griefshare/

- Requests can be phoned/emailed to the Church Office or to the Compassion Coordinator, Jan Henderson (732-4522), who will forward them to the Prayer Group or Prayer Chain, as you direct.
- **Prayer Warriors: A weekly prayer list, can be delivered to your FBC mailbox or emailed upon request.**

Josie Bohman	Jared Lange	Patricia Pfeifer
Alek Briceno	Chase Lodi	Hunter Schommer
Esther Meva-Briceno	Sonny Lodi	Jim Sleesman
Maggie Kay Carter	Malachi Martin	Owen Van Batavia
Brian Evink	Sean McGaffey	

Thanks for praying for our servicemen; for their safety and for their families.

We need your help: If the status of any of the following military personnel has changed, please inform the office so we can update this list. Thank you!

UNDERSTANDING GRIEF

Losing a loved one is one of the most distressing and, unfortunately, common experiences people face. Most people experiencing normal grief and bereavement have a period of sorrow, numbness, and even guilt and anger. Gradually these feelings ease, and it's possible to accept loss and move forward.

For some people, feelings of loss are debilitating and don't improve even after time passes. This is known as complicated grief when painful emotions are so long lasting and severe that you have trouble recovering from the loss and resuming your own life.

Different people follow varied paths through the grieving experience. The order and timing of these phases may vary from person to person, but it's important for everyone to do the following:

- Accept the reality of your loss
- Allow yourself to experience the pain of your loss
- Adjust to a new reality in which the deceased one is absent
- Begin to focus more on existing and possibly new relationships.

Risk factors for developing complicated grief include:

- An unexpected or violent death of a loved one (accident, murder or suicide)
- Death of a child
- Close or dependent relationship to the deceased person
- Social isolation or loss of a support system or friendships
- Past history of depression or post-traumatic stress disorder
- Traumatic childhood experiences (abuse or neglect)
- Other major stressors, such as financial hardship

Without appropriate treatment, complicated grief can lead to depression, suicidal thoughts, anxiety, sleep disturbances, difficulty performing tasks of daily living, substance misuse or abuse or increased risk of physical illness.

Prevention strategies for severe complicated grief may include talking about your grief and allowing yourself to cry; family/friend support and your local faith community; bereavement counseling one-on-one or in a group setting.

Many communities worldwide have [GriefShare](#) programs that are free of charge to redirect individuals toward answers found in the Word of God. After all—Jesus himself wept at the death of His beloved friend Lazarus (John chapt.11). We offer such a program here at Faithbridge—please join us if or when you find yourself struggling with grief due to the death of a loved one. No one should try to 'go it alone'. Seek the strength that comes only from the Lord.

Save this Date! Sunday, November 1st
Chili Sign-Up coming soon at Kiosks

HARVEST FESTIVAL
CHILI COOKOFF & THANKSGIVING CONCERT
SUNDAY, NOVEMBER 1ST
STARTING AT 4PM

CHILI COOKOFF
CHILI CONTEST ENTRIES DUE AT THE CHURCH BY **3:45 PM**

KIDS ACTIVITIES AND BOUNCE HOUSES

BRING NON-PERISHABLE FOOD FOR THE COMMUNITY FOOD SHELF

CHILI COOKOFF
ENTRIES DUE AT THE CHURCH BY **3:45 PM**

CHILI CONTEST
4:00 - 5:30 PM

THANKSGIVING CONCERT
IN THE SANCTUARY **5:30 - 7:00 PM**

Join Mark and Miri Larson...
Tapestries of Life Mission Trip
January 9-16, 2027

Are you interested in going on a mission trip to the Mexican Orphanage? Pray about your participation in this great opportunity. If you have questions, please talk to Larsons at church or call Miri at 218-255-5043



Awana -

A great place to show the Love of the Lord during the school season. There are many ways that God can use your gifting for the discipleship of our Awana students. If you're interested in how you can join this incredible TEAM please sign-up online or chat with Pastor Mike.

Faith Kids Ministry - If you're interested in how you can be a part of this INCREDIBLY AMAZING TEAM of people, please contact Pastor Mike or Tracee. We are looking to ADD:

Sunday School Teachers - PreK-6th grades (9:30 AM only)

Nursery TEAM members - inf-2 years (8 AM, 9:30 AM and 10:30 AM)

FaithKids JR. TEAM members ages PreK-2nd grade (10:30 AM only).

Release Time Teacher for Grade 3

Helpers needed (Men and/or Women)

Wednesday 1 PM – Grades 4-5-6

Wednesday 2 PM – Grades 1-2-3

No matter if your label is mom, dad, grandma, grandpa, aunt, uncle or friend, there is one thing we can all do in common - and that is pray. As many of us are grandparents or have adult children, that privilege is even more important. We challenge you to pray for them daily, especially as they attend school, college or are in the workplace.

Have you ever thought of praying for them in the following way?

Feet - may they carry good news

Legs - to go on in the times of trouble

Knees - to be strong and easily bend to kneel in prayer

Backs - may they be strong enough to carry the burdens of others.

Arms - to comfort the lonely

Hands - to do good work

Neck - to turn their heads to the poor

Ears - to hear and discern truth

Mouth - to speak encouragement and gratitude

Eyes - to see beauty

Mind - may they grow wise in the knowledge of You

Above all, bless their "hearts" to love You and all that You've made in the right order.

Whoever you are, whatever your age, upholding our children in prayer should be a top priority. As we send them out the door to attend school or Awana or sports, let them know that you will be praying for them throughout the day. If they live far away, remember that prayer has no boundaries.



You are invited to join our Faith Seniors gathering on the fourth Monday of each month at 11:45 AM. We enjoy a couple of hours of fellowship, a delicious potluck meal and great speakers throughout the year. If you are over 55, you are welcome to join us.

5th Annual Dementia Conference A Day of Connection & Discovery with Dr. Beth Nolan



Tuesday, October 13, 2026
7:30am-4:30pm
Cost: \$35
Faithbridge Church
1505 Park Avenue
Park Rapids, MN 56470



Conference Includes:

- (Morning snack, Lunch & CEU's)
- A Positive Approach to Dementia Care
 - Managing Brain Health
 - Getting Engaged in Better Techniques
 - Humor & Care Partnering
 - Auntie Kremsaugen & Wrap-Up

**Positive
Approach
to Care®**
www.TeepaSnow.com



To register and reserve your spot
scan the QR code or go to:
<https://2026dementiaconference.eventbrite.com>

Continuing education credit is provided
by Vivie for the following professions:
MN Registered Nurses, Licensed
Practical Nurses. You must attend the
full session to receive the CEU credit.

Park Rapids is working to create a dementia friendly and inclusive community where individuals with memory loss and their care partners feel supported through education, awareness and resources.
For more information visit <http://parkrapidslivingathome.org>

Exercise Opportunity for Ladies

Ladies - Unlock your body with ESSENTRICS®

with Teri Erhardt

Full body movement for everyone (ages 18+)

Tuesdays @ 11:30 a.m. in the Fireside Room
Enter Door S1

What to bring:

- exercise mat (if you have one)
- clothes you can MOVE in
- a friend!



- Lengthen
- Strengthen
- Gain flexibility
- Feel amazing!

Compassionate Neighbor Opportunity

Volunteers Needed!

CHI St. Joseph's Health is in need of volunteers to fill the following volunteer opportunities:

- ***Surgery Waiting Area - Patient/Family Assistance** (4 hours a week. Monday afternoon, Wednesday morning or afternoon, & Thursday afternoon)
- ***Gift Shop** (4 hour shifts)
- ***Hospice Volunteers** (as needed)

If you are interested, please call the volunteer office at (218)616-3383, email sonja.day@commonspirit.org, or apply online: chisjh.org/services/volunteer-services/

Akeley Regional Community Center

Sheltered in His Arms

Where God's love becomes a refuge

Join us for an evening of hope for those suffering from
Domestic Abuse
Survivor Testimony
Candlelight Moment of Honor
Dinner, Silent Auction & Music
Supporting ARCC Emergency Shelter

October 22nd 5:30pm Faithbridge Church
Ticket Price \$25

"He will cover you with His feathers, and under His wings you will find refuge. — Psalm 91:4"

www.arcc-emergencysshelter.com
Presented by ARCC Emergency Shelter

Donate Here RSVP:

LISTINGS BELOW ARE COURTESY ANNOUNCEMENTS - NOT NECESSARILY FBC ENDORSED

Park Rapids Food Shelf

308 Pleasant Ave. S, Park Rapids.

Food and monetary donations are welcomed.



Headwaters Center for Lifelong Learning

American Legion 1:00-2:30 PM

Oct. 6 - "The 1894 Hinkley Firestorm"
Describing the devastation and lasting effects.

Oct. 13 - "Paul Bunyan's Footprints"
The many aspects of this mythical character of MN history and lore.

Oct. 20 - "MN Great Northern Trains"
The impact on travel, settlement and daily life in our area.

Oct. 20 - "Fur Trade in MN"
How it helped shape the MN we know today.

Kinship is in need of Reading Buddies

For the Park Rapids & Nevis Schools

Contact 732-0058



Eastside Church,
Thursdays, 6:30pm

No advance sign-up necessary.

Celebrate Recovery is open to anyone dealing with hurts, hang-ups or habits.



You are invited to join the Crystal Brook

Bible Study group on

Wednesdays at 2:30 PM.

Ray DeLaurier and Steve Criswell are sharing the leadership.

LIVING AT HOME

218 Industrial Park Rd.



The following events are held there.

Caregiving support group - Monthly, 1st Wednesday from 1:30 - 3:00 PM

An Afternoon Out is for those experiencing memory loss and their caretakers. Thursdays, 1-2:30 PM

SOLOS - 1st Monday of month 10:30-Noon

Parkinson's Caregiver Group meets every 2nd Wednesday of the month at 1:00 PM in the Caregiver Activity Room.

Caregiver Closet - Tues./Wed. 1-3pm / Thurs. 10-noon

Cole, Brenda *Awana Missionary*

Serving 257 churches in MN and Iowa

*Praise for 20 great training sessions this summer with safe travel.

*She serves 257 churches in Iowa, Minnesota, and Wisconsin.

Please pray for safe travel on the road.

*Pray for the churches as they begin Awana this year. Pray for clarity as they share the Gospel with kids.



Erickson, Mark and Hannele *Finland with YWAM*

Bringing His healing to the Nations of Finland.

*Thanks to God for answered prayer. Hannele has found a peer support group that is very helpful as she recovers from her stroke.

*Praising God for the new leadership team at our Mission base.

They have been organizing monthly seminars and prayer gatherings that have been very fruitful.

*Pray for our staff as they are stepping out in faith to trust God to provide for them.

They have left homes and good jobs to serve the Lord.

*Continue to pray for the Lord to protect Finland from the threats of war with Russia



Felipe, Juan and Elena

Iglesia Cristiana Bautista Cristo La Roca

Hispanic ministry held at Faithbridge Church - Sunday evenings.

*Prayers are appreciated regarding some medical expenses that have been unexpected for us.

*Praise for new families attending the services but have also lost some who have moved away.

*Pray for the Latino families in the region, that they would come to know salvation through faith in our Lord Jesus Christ.

*Praise and thankfulness for being able to hold services in the Chapel.



Hoglund, Karen *Uganda with WorldVenture*

Coordinating short-term teams and mentoring mid-term missionaries in Uganda.

*Praise that we found a place to hold the December All Africa Conference.

*Pray for the attending missionaries to sign up and have the funds to attend.

*Pray for many to hear and understand the truth through the Ugandan Gospel film.

*Praise for the godly and gifted Ugandans who value truth and Scriptures.

