Faithbridge Office office@faithbridgepr.org 218-732-1404

Staff

Lead Pastor Jeff Lange **Family Pastor** Mike Tackett Administrator Kelly Maninga **Worship Director** James Alan Hall

Support Staff

Office Administrator/

Bookkeeper Nicole Simpson Administrative Assistant **Tracee Lindquist Connections Coordinator Tracee Lindquist Compassion Coordinator** Jan Henderson Custodian Jason Schrader Ass't Custodian Lynda Sullivan Hospitality Marya Lillquist

Faith Ministries

Family of Faith Nurse **Becky Anderson** Family of Faith Nurse Renee Becker **Deacon Chairperson** Ken Osterberg **Trustee Chairperson** Mark Larson Finance Chairperson Hannah Newhouse Sue Parks

Missions Chairperson

Men's Ministry

Women's Ministry Whitney Hall **Nursery Coordinator** Kiana Schauer **CE** Assistant Tracee Lindquist Adult Curriculum Coordinator Judy Haroldson

FaithBytes

July 2025





1505 Park Ave S., Park Rapids, MN 56470 www.faithbridgepr.org • office@faithbridgepr.org facebook.com/faithbridgepr



All Church Information

Sundays @ 10:00

Been Baptized?

It's simple. Jesus instructed, "Whoever believes and is baptized will be saved, but whoever does not believe will be condemned." Mark 16:16

And that's what those who chose to follow Him did. Baptism is an obedient outward sign of an inward conversion experience – and it's a celebration into a new life!

If you'd like to be baptized, or need more information, please contact the Office. You may also fill out a "Form" on our Website under the "events" tab.

There will be a Baptism Class on Sunday, July 13th in the Fireside Room between Services for those who want to be baptized.

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FaithBytes Issue 7 July 2025

FaithBytes is published monthly as the official connection to what's happening at Faithbridge. Inclusion of some information does not necessarily indicate endorsement by Faithbridge.

Submission Deadline for the August 2025 issue is: Monday, July 21st



janhenderson@faithbridgepr.org 218-732-4522

Feedback is always welcome.



The weekly bulletin and monthly FaithBytes can be viewed online at www.faithbridgepr.org/resources

Worship Schedule

8:00 AM Worship Service

9:15 AM Fellowship Time in the Gym

10:00 AM Faith Kids / Faith Kids JR

10:00 AM Worship Service and Livestream

A staffed nursery is available in the West Wing for infants though 2 years.



Faith Kids JR (3 & 4 yr old) and Faith Kids (K-6th grade) are going on a "Family Vacation" in the West Classroom during the 10 AM Service. Be sure to sign-in your children at the West Check-In Desk and pick up your

You can still sign up to volunteer on the Faithbridgepr.org/Events page on the web.

FKJR at the Cubbies Room or your FK at the West Classroom.

July 13 - FSM Mission Team SOS Report after the second Service

July 20 - Quarterly Meeting at 9:15 in the Gym.

FAITH FORCE SENIORS

Seniors are invited to join our monthly potluck on July 28th. We meet at 11:45 am in the Fellowship Hall for a time of fellowship, a potluck meal and a short program. We look forward to hearing a presentation from Steve Foster, creator of Grandma Foster's BBQ Sauce, businessman and youth advocate. Invite a friend and bring a dish or two to share.

FAITH MISSION CIRCLE

Faith Mission Circle will be meeting on Monday, July 21, at 1:00. We will meet in the Conference Room by the South entrance. Please join us as we pray together and discuss the needs of our missionaries. It's a time of travel and transition for many of them. Tense international situations can have a direct influence on their daily lives and the lives of those they are serving. We have the privilege of serving them through prayer.



Connection (H.U.G.) Schedule

July	Welcome Desk	Greeters	Welcome Desk	Greeters	
	7:45 AM	7:45 AM	9:45 AM	9:45 AM	
6	Haroldson	Mark & Mari Jo L. Jim & Julie T.	Amber L.	Youth Steve & Debbie A.	
13	Trottier	Doug & Mary B. Charlie & Judy P.	Vredenburg	Lynda S. Sandra L.	
20	Folkestad	Drew & Sarah M. Ray & Barb K.	Kriens	Tod & Renee B. Don & Sue G.	
27	Lundstrom	Byron & Judy D. Brian & Wendy K.	Diane J.	Pam K. Dan & Pat McG.	

July	7:45 Door Openers						
	N1	N2	E1	W1	S1		
6	Becky M.	Help Needed		Help Needed	Steve M.		
13	Dave V.	Help Needed		Help Needed	Ken & Evie O.		
20	Frank S.	Help Needed		Help Needed	Diane S.		
27	Becky M.				Steve M.		
July	9:45 Door Openers						
	N1	N2	E1	W1	S1		
6	Youth	Youth		Youth	Youth		
13	Bev S.	Help Needed		Help Needed	Denny S.		
20	Help Needed	Help Needed		Help Needed	Sue P.		
27	Munson Family	Help Needed		Help Needed	Munson Family		

	July Library
6	Judy Abby
13	Diane
20	Kerry
27	Becky

7:45 9:45 July John & David & 6 Sue P. Rita B. NURSERY Drew & Trever & 13 Sarah M. FinV. Brooke N. 20 Ava R. Christa M. Jennifer O. 27

F

From Pastor Jeff's Desk

Dear Faithbridge Family,

Recently, hundreds of people gathered along Highway 34 holding signs and protesting "No Kings" day. It was a very interesting spectacle to witness in our otherwise quiet sidewalks. I am all for our 1st Amendment right of free speech and free assembly; no problems there at all. Even if I am not quite sure what the speech and assembly is about. My understanding is that "No Kings" day is celebrated in the United States every 4th of July, commonly known as Independence Day, after the signing of the Declaration of Independence signifying the Thirteen Colonies independence from the English monarchy. But that could just be me.

In thinking deeper about this "No Kings" day, however, it struck me that as a disciple of the Lord Jesus Christ, I cannot, in good faith or conscience, participate in a "No Kings" day. Why? Because Jesus is my King. And if you are also a disciple of the Lord Jesus Christ, then He is your king, too. There are three references in the New Testament that state that not only is Jesus King, He is the King of kings, the ultimate King over all the universe.

We find the first reference in Paul's first letter to Timothy in anticipation of Christ's return from heaven, "...which He will display at the proper time—He who is the blessed and only Sovereign, the King of kings and Lord of lords" (1 Timothy 6:15, ESV). During Jesus' first coming He came as Savior and Rescuer, Healer and Sanctifier, to declare that the "kingdom of God was at hand". When He comes again it will be as King and Sovereign to consummate and fulfill that which He established with His first Advent.

The second and third references to Christ as King of kings are found in John's Revelation. Chapter seventeen, verse fourteen states, "They [the ten kings and the beast] will make war on the Lamb [that is Jesus Christ], and the Lamb will conquer them, for He is Lord of lords and King of kings, and those with Him are called and chosen and beautiful." And in Revelation 19:16 we see this name attributed to the Rider on a white horse who is called "The Word of God" (19:13); "On His robe and on His thigh He has a name written, King of kings and Lord of lords" (19:16).

The Lord Jesus Christ is the King of kings, and He rules and reigns from heaven, seated at the right hand of His heavenly Father. Jesus is king overall, those who believe in Him and affirm His kingship and authority and even those who reject Him and deny His kingship and authority, and even who deny His existence. Simply because you reject something or choose to ignore someone does not mean it is not true, or they don't exist. People reject or ignore the reality of the Kingship of Christ at their own peril.

Let us, then, as children of the King live our lives in honor and homage to our King. Let us worship Him, let us learn from Him, and let us follow Him as He leads us into greater fellowship with Him and each other. "No kings"? I don't think so. We serve the greatest King of all, King Jesus. Instead of protesting Him, may we be bold at waving His banner each and every day!



Grace and peace, Pastor Jeff

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Faith Student Ministry



FSM - students 7th-12th

Wednesday - Summer Schedule July 9 - 6-8 PM Rockensock's July 23 - 6-8 PM Munson's



Thanks for praying for our SOS Team while we were in Tennessee. Continue to pray that the youth will continue to grow spiritually. On Sunday, July 13th, come and listen to our report after the second service.

Check out the Website: www.faithbridgepr.org/events
Or join the Facebook Group: FSM UPPER ROOM (Faithbridge Church)
for upcoming youth events.

Look for our new Instagram (faithbridgepr_fsm) and Facebook (Faithbridge(fsm youth) Pages!



Faith Kids



10 AM - "Faith Kids Summer" (3 yr - 6th Grade) (through August 31)

We will be going on a "Family Vacation" this summer! Traveling to places throughout the Bible!! So get your sandals on, dust off your beach towel, and get in the station wagon 'cause we are going on



a Family Vacation! Visiting sites in city, dessert, lake and mountains.

We are in need of volunteers—If you can help, sign up on the Events page at Faithbridgepr.org/events or talk to the Office.

Mark Your Calendar VBS August 10-14 5:30-8:00 PM





VBS

VBS Volunteers Needed

- Snacks Helper
- Crew Leaders
- Games helpers
- Decorating Helpers
- Nursery Team

...and more



Sign-up at faithbridgepr.org
On the Events page



Celebration Sunday, July 27th

A special Sunday to Celebrate what the Lord has been doing in our lives and in the life of Faithbridge Church. Stay tuned to find out all the exciting things to expect—including Baptisms, Child Dedication, Worship, a Concert and of course, food!



The purpose of Child Dedication is for parents to present their child before God and the church, committing to seek after His grace and wisdom in carrying out their responsibilities.

We extend the opportunity to parents for this dedication on **July 27th.** If you would like to participate, please fill out the form found under Get Involved on the website at www.faithbridgepr.org/forms

Family of Faith Nurses





An **Adult Mission Trip** with Tapestries of Life Ministry, in Mexico is being planned for January 10-17, 2026! More details at the East update Welcome Desk. Check your calendar, pray and ask God if He wants you to be one of those to go!

Special Project need in a restricted country:

Donations are needed to help redo a primitive kitchen (presently, a dirt floor, spicket instead of faucet, bucket instead of a sink, small table instead of counters, etc.) The lady who cooks for students at a Bible teaching school prepares meals in these conditions. The total cost for materials is estimated to be \$6250.

If you would like to help, please contact one of the Mission Team members listed below, for specifics as to how to donate and for the address of where to send it. Donations will go to the sending organization, not though Faithbridge.

Melody Johnson 255-0143, Joyce Killmer 252-1659, Bev Sleen 252-2092 Becky Maninga 820-4320 Christy Munson 255-1517 or Sue Parks 820-6439.

> God has given us more opportunities to be the hands and feet of Jesus. Let's answer the call.

Be sure to read the latest news from our missionaries - letters are located in the East and West fover kiosks.



Hymn Sing



Come and join us as we gather to sing praises mn Sing and worship the Lord together.

Your hymn choice - we sing. Also, a time of reflection, testimony and memories.

6 PM, Sunday, July 13th in the Sanctuary

HYDRATION in the SUMMER

During the summer months when weather is much hotter and more humid, it is important to drink more fluid than usual especially if you are actively enjoying the outdoors or exercising. You can become dehydrated if you take too little fluid during this time. Some people are known to experience exercise-induced low sodium (hyponatremia), which can cause some unpleasant physical side-effects; so finding a balance is important.

The purpose of drinking fluid — whether it's water or electrolytecontaining beverages— is to rehydrate the body and put fluid back into your system so that your organs can function properly. How much to drink and when depends on your situation. Generally, it's recommended that you should consume at least two liters of water or other non-caffeinated beverages per day. The general rule of thumb among healthcare professionals is to 'drink to thirst'; although sometimes thirst isn't always a helpful indicator. It is best to listen to and look at your body for indications of when you need hydration, such as sweating, flushing, dizziness, headache, etc.

As far as what to drink, for most people, water is the best place to start; however, those who engage in extensive exercise may need a beverage that replaces lost nutrients and electrolytes due to sweating. Sodium is important because it helps you absorb glucose and water. Aim for 450 milligrams of sodium per 24 ounces of a sports drink. Avoid salt tablets, as they do not include all the electrolytes you need and you can easily use too much. Drinks with some carbohydrates are good since they provide fuel for your working muscles, but pay attention to the amount of sugar intake—too much can cause gastrointestinal issues, including bloating, cramping or diarrhea. The recommended amount of sugar is below 30 grams per 24 ounces of a sport drink.

As you spend time outdoors, be aware of symptoms of dehydration, which can include: Extreme thirst Fatigue Confusion Dizziness Less frequent and amount of urination Dark-colored urine

If any of these occur, it's best to stop activity, hydrate and potentially seek medical attention.

So, here's to your health— drink up!

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		I 9 AM Gym use	2 7:30 AM Men's Study-Menahga	CLOSED	4 Office Closed	5
20	25	3:30 PM Heritage Comm 5:00 PM Pickleball	5 PM Conference Room use 5:30 PM Chapel use	Fam	ily Camp - Camp Leb	panon
6 Communion Sunday	7	8	9	10	11 Office Closed	12
8 AM Worship Service 10 AM Worship Service 10 AM Faith Kids/FK JR 10 AM Livestream		9 AM Gym use	7:30 AM Men's Study-Menahga	9 AM Gym use 10:30 AM Pickleball		
4:30 PM Spanish Speaking Svc Jr. High #2 to Camp	6 PM Volleyball		5 PM Conference Room use 5:30 PM Chapel use 6 PM FSM @ Rockensock's	1 PM Gym use 6 PM Praise Team		
8 AM Worship Service 9:15 AM Baptism Class 10 AM Worship Service 10 AM Faith Kids/FK JR 10 AM Livestream 11:15 SOS Mission Report	5:30 PM Finance Mtg	15 9 AM Gym use	16 7:30 AM Men's Study-Menahga 9:30 AM Staff Meeting	17 9 AM Gym use 10:30 AM Pickleball	18 Office Closed	19
4:30 PM Spanish Speaking Svc SK #2 to Camp 6 PM Hymn Sing	6 PM Volleyball 6 PM Trustee Board Mtg 7 PM Deacon Board Mtg		5 PM Conference Room use 5:30 PM Chapel use	1 PM Gym use 6 PM Praise Team		
20	21	22	23	24	25 Office Closed	26
8 AM Worship Service 9:15 AM Quarterly Mtg 10 AM Worship Service 10 AM Faith Kids/FK JR 10 AM Livestream VBS "All Volunteers" Mtg		9 AM Gym use	7:30 AM Men's Study-Menahga	9 AM Gym use 10:30 AM Pickleball		
4:30 PM Spanish Speaking Svc	1 PM Mission Circle 6 PM Volleyball 6:30 PM Missions Team	5:00 PM Pickleball	5 PM Conference Room use 5:30 PM Chapel use 6 PM FSM @ Munson's	1 PM Gym use 6 PM Praise Team		
Celebration Sunday	28 11:45 AM Faith Force	29 9 AM Gym use	30 7:30 AM Men's Study-Menahga	31 9 AM Gym use 10:30 AM Pickleball	Now the Lord is	the Spirit, artis
4:30 PM Spanish Speaking Svc SK #3 to Camp	6 PM Volleyball	5 PM Gym use No Pickleball	5 PM Conference Room use 5:30 PM Chapel use	1 PM Gym use 6 PM Praise Team	there is	the Spirit. birit of the Lordie freedom.

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Library is open on Sunday mornings: 9:15-10:00 and 11:15-11:45



Don't forget to look in your Church
Directory for the July
Birthdays and Anniversaries

Access to the library is also available during the week when the church office is open. Someone from the office will let you into the library and check out instructions are available.

Biblical Podcast Recommendations

In a world full of false teaching, there is a desperate need for the church of Jesus Christ to learn and hold fast to sound biblical teaching. The podcasts below will help listeners see a variety of topics through a biblical lens so that we can live out the mission Christ has given to us as His body.

- **For the Gospel** with Pastor Costi Hinn provides sound doctrine for ordinary people. Costi discusses practical topics and answers tough questions, to inspire listeners to live for the Gospel of Jesus Christ.
- **Dial in Ministries** with Pastor Jonny Ardavanis. Jonny is passionate about equipping the next generation with Biblical teaching so that they might know, love and proclaim Jesus Christ.
- -**Transformed** with certified Biblical counselor, Dr. Greg Gifford. In his podcast, anxiety, loneliness, depression and fear meet the Bible. If you struggle with any emotional issues don't miss Dr. Gifford as he applies the Scriptures in ways that will help you.
- **Grace to You Radio Podcast** with Pastor John MacArthur. This powerful podcast will boost your spiritual growth by helping you understand and apply God's Word to your life and the life of your family and church. John MacArthur has offered his practical, verse-by-verse Bible teaching for more than 55 years.
- The Alisa Childers Podcast with Apologist Alisa Childers. Christians will learn how to identify and defend the core beliefs of historic Christianity, discern its counterfeits, and proclaim the gospel with clarity, kindness, and truth.



Library Continued

- **Sound Plus Doctrine** with Pastor Bob Kauflin and David Zimmer. This podcast of Sovereign Grace Music is designed to provide a rich understanding of worship to those who participate in a church's music ministry on Sunday mornings.
- The Living Waters Podcast with Evangelist Ray Comfort. This podcast explores the pressing questions of our day using sound theology and apologetics. Living Waters vision is to inspire and equip Christians to fulfill the Great Commission.
- **Bible Talk** with Alex Duke, Sam Emadi and Jim Hamilton. This podcast starts in Genesis 1:1 and discusses the Scriptures, section-by-section, in a way that helps the listener understand how all of God's redemptive story weaves together perfectly.





Awana

Please be in prayer over the summer about your role with AWANA at Faithbridge this fall.

Keep your eyes open as you browse clearance aisles this summer

Keep your eyes open as you browse clearance aisles this summe for fun/appropriate T&T store items to donate!

For your prayerful Consideration...

Next fall we will be looking for leaders and float listeners, a T&T secretary, and another check-in desk person. It has been a great year of AWANA! Please pray for a season of rest for our volunteers and that they will know and be blessed through their valuable dedication and efforts in this ministry!





Grief Share



Grief Share is a grief support group for help and healing after the death of a family member or friend.

For information, contact Becky A. directly or by email Grambecky1023@gmail.com or phone 218-252-3500 https://www.griefshare.org/

If you wish to find out more information regarding this group, please contact one of our Faith Nurses,



Faith Prayer Ministry

- Requests can be phoned/emailed to the Church Office or to the Compassion Coordinator, Jan Henderson (732-4522), who will forward them to the Prayer Group or Prayer Chain, as you direct.
- Prayer Warriors: A weekly prayer list, can be delivered to your FBC mailbox or emailed upon request.

"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." 2 Corinthians 10:5



Faith Military Connections

Josie Carter
Maggie Kay Carter
Chasity Bohman
Brian Evink
Jared Lange

Chase Lodl Malachi Martin Sean McGaffey Patricia Pfeifer

Matthew Schommer Jim Sleesman Davita Taylor Owen Van Batavia

Thanks for praying for our servicemen; for their safety and for their families.

We need your help: If the status of any of the following military personnel has changed, please inform the office so we can update this list. Thank you!

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Karen Hoglund, missionary to Uganda, recently met up with members of the Faith Mission Circle for afternoon coffee. It was a great time to get better acquainted with her (and her remarkable mother, pictured here)!





A prayer shared by Kyle and Lara S:

You move and shift people and events in our lives all on Your perfect timing and for Your very good purposes ... and for our good.

Even when we don't see anything at all,

You are so faithful to us -- always.

Even when our faith is so weak,

Even when our feelings, doubts and insecurities

get in the way of Truth,

You are so faithful to us and Your good plan for us.

Praise be to You, our Rock!

Our Strong Refuge, You are still in control --

in troubles, confusion, frustration, doubts, and difficulties.

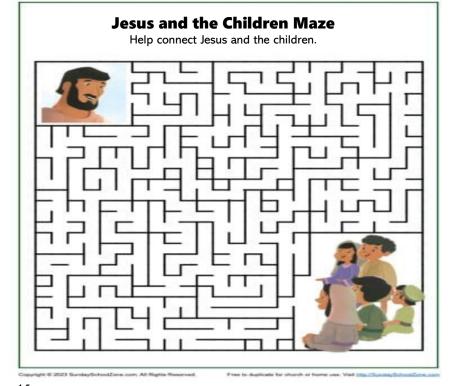
You are our Lord and You are our everything.

Praise be to our Rock!





A Maze



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Community Happenings

LISTINGS BELOW ARE COURTESY ANNOUNCEMENTS - NOT NECESSARILY FBC ENDORSED



LIVING AT HOME

218 Industrial Park Rd.

The following events are held there.

Caregiving support group - Monthly,
1st Wednesday from 1:30 - 3:00 PM

An Afternoon Out is for those experiencing memory loss and their care-

SOLOS - 1st Monday of month 10:30-Noon

takers. Thursdays, 1-2:30 PM

NEW: Parkinson's Caregiver Group meeting every 2nd Wednesday of the month at 1:00 PM in the Caregiver Activity Room.

Caregiver Closet -Tues./Wed. 1-3pm / Thurs. 10-noon



Menahga High School July 19th, 8 - 10 AM \$25 cash donation Open to everyone.

Park Rapids Food Shelf!

308 Pleasant Ave. S, Park Rapids. Food and monetary donations are welcomed, now more than ever.



Kinship is looking for adults who are willing to help shape the future of our community through our youth mentoring program. We at Kinship make mentoring a rewarding and manageable experience through our flexible programming. We are in need of mentors and reading buddies (September signup). Call 732-0058.



Eastside Church on Thursdays, 6:30 pm. No advance sign-up necessary.

Celebrate Recovery is a group open for anyone dealing with hurts, hang-ups or habits.



Thank you for your ongoing support of Summit Ministries Scholarships.

When you purchase the following items, the monies go into the Scholarship Fund. You may also donate by designating on the offering envelope to "Summit Scholarships". Scholarships help send a young person to the Summer Summit Ministry Conference, held in Colorado each year.

Available during the week in the East Foyer: Cards (\$10) Calendars (now \$5)

FB

Faith Missionaries / Ministries of the Month

Hoppe, Bill and Cindy AWANA

Missionaries to E. N Central & NE Minnesota & NW WI.

- 1. Praising the Lord for those who are serving in summer ministries like camp and VBS.
- 2. Praise that Bill had the opportunity to be a presenter at the Resilient Child Discipleship Training in Iowa.
- Pray that the Lord will raise up men and women to become Awana Missionaries, because they have a heart for discipling children.

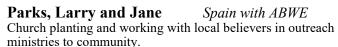


Latham, Shane and Erin *Brazil with DNA Global Network* Serving in south Brazil by using God's gifts to make disciples, plant churches, and send missionaries to the world.

- 1. Pray for safety in travel as they prepare for a quick trip back to the States later this summer.
- 2. Praising the Lord for the opportunity to disciple others while planting and helping house churches to grow. Pray that the daughter churches will take steps to disciple in obedience to Christ.
- 3. Pray for our ministry to our family as we care for Shane's dad and to kids and grandkids.



- Mokahum is excited to be taking application requests for the coming 25-26 school year already. Our prayer is to have 9 students this fall and to be ready to minister, guide and lead students into the Word as we disciple them.
- 2. Pray for staff and financial blessings to help meet the needs of Mokahum. Specifically in raising support to help pay for therapy and counseling for students. Coming off the "Rez" is an enormous cultural shock and requires a restart of sorts mentally and spiritually. We need to be able to support students as they take a step of faith by coming to Mokahum.



- 1. God has been good to help us finish the distribution of Christian literature in four pueblos in the target area for the Mora church.
- We thank the Lord that two of the familias in Mora are getting their paperwork which makes them legal residents of the country.
- 3. Praying that God will provide the work needed for these new families.
- 4. Praying for souls as the church in Mora continues its campaign to foment the reading of the Holy Scriptures among the people of the area.







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